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bbs and pieces
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health & fitness
money

'n

That

The power of positive energy

Positive attitude helps you cope more easily with the daily affairs of life. It brings optimism into your life, and makes it easier to avoid worry and negative thinking. If you adopt it as a way of life, it will bring constructive changes into your life, and makes them happier, brighter and more successful. With a positive attitude you see the bright side of life, become optimistic and expect the best to happen. It is certainly a state of mind that is well worth developing and strengthening. If it is strong enough, it becomes contagious. Consider the following story:

Positive energy can transform the experience of others

It was a hot New York City steam-pot of a day. One of those days that makes people feel terrible and sometimes behave badly because of their discomfort. But as Daniel Goleman stepped onto a bus heading up Madison Avenue, he had an experience that he would never forget. The bus driver gave him a big grin and welcomed him on board. The driver continued to offer an enthusiastic welcome for everyone who stepped aboard the bus. Most people were in bad moods because of the heat and didn't say hello back.

As the bus continued on, the driver gave an accounting of all the great things there were to do in the city that day. He lauded the museums, shows and store sales. His great love of his surroundings started to affect the riders on the bus. As each person got off the bus they called goodbye to the friendly driver and smiled at him.

Think about all the good feelings that one person generated on that bus in New York and the ripple effects of happiness on that particular day that he was responsible for. This bus driver was changing the day and the mind-sets of the people he came into contact with. He opened his heart to others, and they in turn opened their hearts to him.

~adapted from *Emotional Intelligence* by David Goleman

District Highlights

Board approves new principal

The Governing board approved the assignment of **Andrea Hoffler** as principal of Sunset Canyon Elementary School beginning July 20. Andrea is currently assistant principal at Sunrise Middle School.

Andrea's career highlights include 2003 DVUSD Teacher of the Year, 2001 ASU Master Math Teacher, 1997 and 1998 Channel 8 ASSET Teacher, 1998 Project Alert Teacher (A Drug Free America) and a nomination for outstanding Rookie of the Year (1995).



Eighteen PVUSD high school students are 2009 National Merit Scholarship finalists

Congratulations to these 18 PVUSD National Merit Scholarship 2009 finalists:

Horizon: Jordan Ezzell, Rebecca Morris and Christine Shely;

North Canyon: Patrick Dhoostelaere, Zachary Ellin, Eric Holden, Rachel Johnson, Jordan Kopp, Adam Morrison, Rakesh Patel, Sachi Patel, Christopher Smith and Carsen Stringer;

Pinnacle: Alexis Wallace and Adam Williams

Shadow Mountain: Tom Boundy, Kara Haberstock and Alexandra Saper;

High school students earn medals at Academic Decathlon state competition

Six students from two district high schools that competed in state Academic Decathlon last weekend earned medals for their individual accomplishments.

Medal winners were: from **North Canyon:** **Justine Silving** - Bronze- Essay, **Nicholas Cho** - Silver- Essay, **Javier Cedeno** - Silver - Math, **John Zandler** - Bronze - Essay, and **Karishma Thakkar** - Silver - Essay; and from **Shadow Mountain:** Katie Petrick - Silver - Essay.

Two PVUSD students inducted into 2009 Scholar-Athlete class

The National Football Foundation and College Hall of Fame inducted two PVUSD students into the 2009 Scholar-Athlete Class. First team, **Taylor Stib** of **Pinnacle High School**, coached by Dana Zupke and second team, **Bond Robinson** of **Paradise Valley High School**, coached by Donnie Yantis. Both athletes were recognized for their academic achievement, school leadership and community citizenship. The recipients are chosen from all high school football athletes in the state.

Copper Canyon wins contest sponsored by Phoenix Coyotes

Copper Canyon Elementary School, whose mascot is the coyote, was invited by the Phoenix Coyotes hockey team to participate in a poster- and Wear Your Jersey to School Day-contest. As contest winners, they received an allotment of street hockey equipment for PE teacher, Ms. Becki Griffin, and several street hockey clinics with the Phoenix Coyotes for Copper Canyon PE classes.



Shadow Mountain senior is one of only two Arizona students chosen for National Youth Science Camp

Shadow Mountain High School senior **Tom Boundy** was chosen to attend this year's National Youth Science Camp which, each year, selects 110 young scientists just out of high school (two from each state and another 10 international students) to participate in a month-long experience in the Monongahela National Forest of West Virginia. In this rustic setting, students are challenged academically in exciting lectures and hands-on studies and an extensive outdoor program of backpacking, kayaking, climbing, repelling and many other activities. The trip is fully paid — from travel to food to outdoor trips. The campers will also take a trip to Washington D.C. where they will explore museums, including the Smithsonian Institute, and have behind-the-scenes tours not open to the general public. At the end of the D.C. trip, camp delegates are invited to a lunch hosted by West Virginia Senator Robert Byrd to which he also invites all of the U.S. Senators.

Read Across America

Paradise Valley School District students and teachers celebrated the joy of reading on Dr. Seuss' birthday, Monday, March 2.

High school and middle school students from across the district joined administrators from the district offices, principals and other guests in reading Dr. Seuss books to students in every elementary classroom in the district. This annual event, created by the National Education Association, is a day for special book-related events. Find more information at www.nea.org/readacross.



Superintendent Dr. John Krickard, read to second-grade students at Copper Canyon Elementary School

Making a Difference, continued from page 1

Knowing that great things are happening in our neighborhood public schools, this non-political and non-partisan campaign was developed out of the belief that the discussion of public education in Arizona is out of balance. Even

though there are good things happening in public schools all over the state, what we generally hear about in the media and daily conversation is what is "wrong" with public education. The AZ Public Schools Making A Difference Every Day campaign is an effort to balance the playing field and highlight what's right about Arizona's public schools. The campaign continues to prove that there is an abundance of good news originating from public schools statewide and invites you to contribute your own exceptional stories. The entire educational community is encouraged to share public education success stories throughout the school year via email at info@azschoolsmakeadifference.org, or through a form on the campaign website at www.azschoolsmakeadifference.org/tellstory.asp.

Arizona's Public Schools MAKING A DIFFERENCE EVERY DAY

www.azschoolsmakeadifference.org

Empty Bowls in Paradise event raises money for the Paradise Valley Emergency Food Bank

When the Empty Bowls in Paradise supper, hosted by the Fine Arts Department, returned to PVUSD on Thursday, March 5 at the District Administrative Center, more than \$3,600 was raised for the Paradise Valley Emergency Food Bank.

Hundreds of hand-made ceramic bowls – created by students, teachers and administrators in the school district – were available for purchase at the event. Guests were invited to choose a bowl and then share a meal of soup and bread, prepared by the culinary arts students of Paradise Valley High School. Clay for creating the bowls was donated by Marjon Ceramics, Inc., and ingredients for the meal were also donated.



► [see more photos](#)

Empty Bowls is an international project that draws attention to those who do not have enough food to eat. The Paradise Valley Emergency Food Bank, 10862 N. 32nd St., provides services to families living in Paradise Valley School District. Families with school-age children are able to ask for assistance up to six times a year.

The Paradise Valley School District supports the Paradise Valley Emergency Food Bank by holding food drives at schools and administration sites. The Food Bank depends heavily on the success of each site's donation and the money raised by the Empty Bowls event will go a long way toward helping many families. If you'd like to help, donations of canned food items, particularly tomato sauce, soup, fruit, assorted vegetables and beans, as well as other non-perishable food items, are always welcome. The Food Bank is open Monday-Friday from 9 a.m. to 4 p.m. For more information, call (602) 867-9228.

Websites for teachers and students

Share Uplifting Stories with Your Colleagues

www.talesfromateachersheart.com

Eye On Education's Tales From a Teacher's Heart is a free video series that features heartwarming stories about students, teachers and schools. Each month, one of Eye On America's best-selling authors presents, online, a true story that chronicles the real work educators do and demonstrates their commitment and strength.

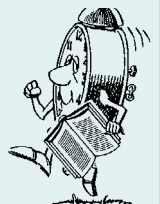
Address Social Issues

www.myyoungchild.org

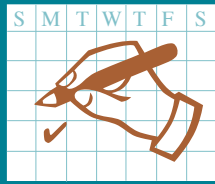
A set of illustrated stories from MyYoungChild.org attempts to address issues (sharing, dealing with bullies, respecting others and taking responsibility for actions) that children face every day. The free online stories are intended to be an enjoyable and playful tool that can be used to teach social values. Accompanying each story are discussion questions and activities as well as tips designed to complement the story's message and reinforce the impact. The nine stories include "Rosa the Rabbit Learns to Be Fair," "Ramon Sticks Up for Himself" and "Gilbert the Goat Learns Respect."

Tally Sheet Deadline

The deadline for articles to be published in the March 27 Tally Sheet is Wednesday, March 18. Send articles to Fay Korp in the Public Relations Office, fax them to 602-449-2005 or e-mail them to fkorp@pvschools.net or the ConnectMe Public Relations Conference.



Mark Your Calendar



Spring Break
March 16 - 20

Governing Board Meetings
April 2 & 16

Silent Auctions scheduled

Community Education silent auction to support 2009 summer programs

- Auction items will be on display
- Monday, March 30, 8 a.m. – 5 p.m.
 - Tuesday, March 31, 8 a.m. – 5 p.m.
 - Wednesday, April 1, 1 – 5 p.m.
 - Thursday, April 2, 8 a.m. – 7 p.m.

Stop by the Community Resource Center during any of those times to place your bids. Items available include Disneyland park-hopper tickets, passes and tickets to local attractions and gift certificates from local businesses and restaurants.

Greenway Middle School silent auction proceeds will help buy electronic marquee

Greenway students and staff designed themed baskets (e.g. *chocolate lovers, movie night, pamper yourself*) that will be on display in Greenway's media center from April 6 – 30 and during their community night on April 30, from 6 – 7:30 pm. You may place your bids during any of that time. For more information, please contact the Greenway office at 602-494-2400.

Paradise Valley
Unified School District
15002 North 32nd Street • Phoenix, AZ 85032
www.pvschools.net

Public Relations Office • (602) 449-2001

GOVERNING BOARD

Jill Hoogendyk	President
Nancy Case	Member
Anne Greenberg	Member
Tom Ohmart	Member
Sue M. Skidmore, Ed.D.	Member

[Board meeting minutes](#) are posted on the district Web site.

SUPERINTENDENT

John A. Kriekard, Ed.D.

Printed by
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Public Relations Officer - Judi Willis
Editor - Fay Korp
Archived Tally Sheets are also available on the [employee page](#) of the district Web site.

PVCC 2 + 2 Cohort class added for spring

A new cohort class has been added for the Palomino Elementary school site for spring 2009. Anyone can join the journey to become a teacher. Here is the information:

EDU230-57735

Dates: March 25 to May 13

Times: Wednesdays from 4 – 9:20 p.m.

Location: Palomino Elementary School, Room 27

Instructor: Meggin Kirk

Department approval is required.

Note: Approval to enter this cohort and more information if you need it is available from the Professional Development School coordinator, Cecilia Lynch, at 602-818-0507.

If registering with a credit card, call Stella at 787-7029. If paying by check, email Cec Lynch at clynch@pvschools.net informing her that you'll be registering on the first night of class.

PVSEA Sponsors Park N' Swap

Saturday, March 28 from 7 a.m. - 12:30 p.m.
(Set up starts at 6 a.m. Clean-up is from 12:30 – 1 p.m.)

Parking lot of the CRC and DAC, 15002 N. 32 St.

Reserve your space now!!!

Spaces are \$15 for PVSEA members and \$20 for non-members
(For this fee you get two parking spaces side by side.)

Send an email to Sherry Carnett (scarnett@pvschools.net)

and let her know how many spaces you want.

She needs to know by March 16.

PVSEA will provide all signs and advertising.
You do all your own selling and all money you make is yours.

educator appreciation week March 19 - 25
25% off list price of almost everything!¹ in-store only

Current and retired educators save on purchases for personal or classroom use. Just bring proof of educator status.

SPECIAL RECEPTION
Friday, March 20 • 4:00 PM - 8:00 PM
at Borders stores • Contact your local Borders for details

Waldenbooks BORDERS

Borders has long supported the cause of literacy and learning and strives to recognize educators' efforts to share the love of books and knowledge with their students through their Educator Appreciation Week event.

From Thursday, March 19 – Wednesday, March 25, current and retired teachers will receive a 25 percent savings on personal and classroom purchases of books, CDs, DVDs, cafe items, gifts & stationery and more when you bring in your current Classroom or Educator Discount Card, educator ID or pay stub. Don't miss the Special Reception, Friday, March 20 from 4 – 8 p.m. at Borders stores nationwide.

For more information, visit www.borders.com/educators or contact Daniel Horowitz at the Borders at 4555 E. Cactus Rd., phone: 602-953-9699 e-mail: dhorowitz@bordersgroupinc.com.